



Move  
Everybody  
Get  
Active



## The Big Pedal

The Big Pedal is the UK's largest inter-school cycling and scooting challenge, powered by Sustrans and supported by the Bike Hub.

During the Big Pedal 2015, schools made an incredible 1.4 million journeys by bike or scooter... that's 300,000 more than 2014.

How does the Big Pedal work?

The challenge is based on the proportion of the school roll taking part, so everyone has a fair chance to win. It is open to individual classes as well as whole schools.

On each day of the challenge schools compete to see who can record the greatest number of pupils, staff and parents cycling or scooting to school.

For schools unable to take part in the main challenge there is an alternative version called Sustrans' Big Shift which can include cycling and scooting activities during the day as well as on the journey to school.

For more information on the Big Shift, visit [www.sustrans.org.uk/bigshift](http://www.sustrans.org.uk/bigshift) or for the Big Pedal visit <http://www.sustrans.org.uk/our-services/who-we-work/teachers/big-pedal>

